



Day 21: Resources

Thank you for participating in the 21-Day Disability Equity Challenge. We hope that the information presented over the past month has helped you to see disability through a lens of equity and pride.

We know that this has been a lot of information, and perhaps much of it has introduced a new way of thinking for you. The 21-Day Disability Justice Challenge will remain posted on the [United Way](#) website. Feel free to revisit topics that interest you that you may have missed. We encourage you to share and use what you have learned to promote disability equity and inclusion throughout your spheres of influence.

Resources

Below are some local and general resources related to disability justice and advocacy that may be helpful. There is a Disability Network or Center for Independent Living, or CIL, serving every county in the state of Michigan. Find your local CIL by visiting <https://dnmichigan.org>

Since 1992, Disability Network Lakeshore has provided expert knowledge to Ottawa and Allegan County residents with disabilities. The organization's staff brings more than 150 years of combined experience to serve the community. DNL offers five core services to its consumers: Advocacy; Information and Referral; Peer Support; Skills Development; and Transition. Centered around the Independent Living philosophy, the organization believes that the power to decide how one wants to live their life should be placed in the hands of the individual, not the medical system. For more information, [click here](#) or call (616) 396-5326.

If you have questions about the information in this 21 Day Challenge, please contact [Disability Network Lakeshore](#).



[Image description: photo of Mia Mingus on a colorful striped background with her quote, "Understanding disability and ableism is the work of every revolutionary, activist and organizer – of every human being." Mia Mingus, writer and community organizer for transformative justice and disability justice.]

Learn More

Local Resources:

- **Find your Local Disability Network or Center for Independent Living:** <https://dnmichigan.org/>
- **Disability Rights Michigan** is the independent, private, nonprofit, nonpartisan protection and advocacy organization authorized by Federal and State law to advocate and protect the legal rights of people with disabilities in Michigan: <https://www.drnmich.org/>
- **Michigan Disability Rights Coalition** cultivates disability pride and strengthens the disability movement by recognizing disability as a natural and beautiful part of human diversity while collaborating to dismantle all forms of oppression: <https://mymdrc.org/>
- **Self-Advocates of Michigan** is an advocacy organization comprised of people with developmental disabilities and intellectual disabilities, working together to make a difference: <https://selfadvocatesofmichigan.wordpress.com>
- **The Arc** promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports full inclusion and participation in the community. The Arc is made up of local affiliates: The ARC Advocacy and Resource Center (Ottawa County): <https://arc-resources.org/>; The Arc of Allegan County: <https://www.arcallegan.org/>

General Resources:

- **Americans with Disabilities Act** information and technical assistance: www.ada.gov
- **Disability is Natural** is a source for new ways of thinking about disability and moving beyond the status quo: www.disabilityisnatural.com
- **Job Accommodation Network** is a one-stop web page to get information regarding accommodations at work and advocating for disability rights in the workplace: www.askeia.org
- **Disability Scoop** is the nation's premier source for developmental disability news and information: www.disabilityscoop.com
- **Rooted in Rights** tells authentic, accessible stories to challenge stigma and redefine narratives around disability: www.rootedinrights.org
- **Autistic Self Advocacy Network (ASAN)** serves as a national grassroots disability rights organization for the autistic community, advocating for systems change and ensuring that the voices of autistic people are heard in policy debates and the halls of power: www.autisticadvocacy.org
- **Sins Invalid** promotes leadership opportunities for people with disabilities within our communities and within the broader social justice movement: www.sinsinvalid.org
- The **Disability Visibility Project** is an online community dedicated to creating, sharing, and amplifying disability media and culture: <https://disabilityvisibilityproject.com/>
- The **National Association of the Deaf** is the nation's premier civil rights organization of, by and for deaf and hard of hearing individuals in the United States of America: <https://www.nad.org/>
- The **National Council on Independent Living** is the longest-running national cross-disability, grassroots organization run by and for people with disabilities: <https://ncil.org>
- **National Federation of the Blind** is the oldest and largest nationwide organization of blind Americans. The National Federation of the Blind is continuously working toward securing full integration, equality, independence, acceptance, and respect for all blind Americans: <https://nfb.org>
- **Self Advocates Becoming Empowered (SABE)** is the United States' national self-advocacy organization: <https://www.sabeusa.org>
- **Crip Camp: A Disability Revolution** is a feature-length documentary about the disability rights movement available on Netflix and YouTube: <https://youtu.be/QFS8SpwioZ4>

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